

Medical Coaching Training Program

Module 3 – Advanced

Lesson 6, Class Assignment

Work with a fellow Medical Coaching student or PMC.

1. Practice the **EFT Tearless Trauma** technique.

In your report, address the following:

- The issue and the code name
- The positive affirmation
- The way you followed the technique instructions.
Remember, the more information you give – the more feedback you get 😊
- The change in submodalities and emotional intensity.
- Three examples of things you noticed in calibration
(calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
- If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
- Your client's feedback
- Dilemmas and questions
- Your learnings

2. Practice the **Rotating/Spinning in Space** technique.

In your report, address the following:

- The issue the "client" presented
- The way you followed the technique instructions
- Three examples of things you noticed in calibration
(calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
- If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
- Your client's feedback
- Dilemmas and questions
- Your learnings

3. Practice the **Breaking Space** technique.

In your report, address the following:

- The issue the "client" presented
- The way you followed the technique instructions
- Three examples of things you noticed in calibration
(calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
- If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
- Your client's feedback
- Dilemmas and questions
- Your learnings

Send the reports to your mentor in a WORD format.

Enjoy 😊