

Medical Coaching Training Program

Module 3 – Advanced

Lesson 5, Class Assignment

Work with a fellow Medical Coaching student or PMC.

1. Practice the **ACE** technique.

In your report, write a summary addressing the following:

- The pain issue presented.
- The way you followed the technique instructions, including the content related to each step of the process.
- Three examples of things you noticed in calibration – at least one that led you to understand that you could move on to the next level.
(Calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
- If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
- Your client's feedback
- Dilemmas and questions
- Your learnings

Send the report to your mentor in WORD format.

Enjoy 😊