

Medical Coaching Training Program

Module 3 – Advanced

Lesson 2, Class Assignment

Work with a fellow Medical Coaching student or PMC.

1. Practice the **Advanced EFT** technique. In your report, write a summary addressing the following:
 - The issue presented.
 - The positive affirmation
 - The way you elicited the submodalities
 - The way you followed the technique instructions. (don't rewrite the instructions, write how you did it and what you said in each tapping point)
Remember, the more information you give – the more feedback you get 😊
 - The change in submodalities and emotional intensity
 - Three examples of things you noticed in calibration – at least one that led you to understand that you could move on to the next level.
 - (Calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
 - If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
 - Your client's feedback
 - Dilemmas and questions
 - Your learnings

Send the report to your mentor in a WORD format.

Enjoy 😊