

Medical Coaching Training Program

Module 2 – Process

Lesson 6, Class Assignment

Work with a fellow Medical Coaching student or PMC. It is recommended that you find a triad but if you cannot, work in a dyad.

1. Practice the **“Shifting between Perceptual Positions with Another Person”** technique.

Send a written report to your mentor and address:

- What was the issue/relationship
- Who/what was put in 2nd position
- What came up in each position
- The way you helped the client move the client from position to position
- The way you followed the technique instructions.
- What you saw in calibration
- Your client's feedback
- Dilemmas and/or questions
- Your learnings.

2. Practice the **“Shifting between Perceptual Positions with the Body”** technique.

Send a written report to your mentor and address:

- What was the issue/relationship
- Who/what was put in 2nd position
- What came up in each position
- The way you helped the client move the client from position to position
- The way you followed the technique instructions.
- What you saw in calibration
- Your client's feedback
- Dilemmas and/or questions
- Your learnings.

Send the report in a WORD format.

Enjoy 😊