

Medical Coaching Training Program

Module 2 – Process

Lesson 5, Class Assignment

Work with a fellow Medical Coaching student or PMC. It is recommended that you find a triad but if you cannot, work in a dyad.

1. Practice the **“Talking with Parts”** technique.

Send a written report to your mentor and address:

- What was the issue
- What behaviour was chosen and how did you name the part
- The way you followed the technique instructions (what did you say and do)
- The way you elicited the positive intention
- The agreement with the part
- What you saw in calibration
- Your client’s feedback
- Dilemmas and/or questions
- Your learnings

2. Practice the **“Parts Party”** technique.

Send a written report to your mentor and address:

- What was the issue
- What parts were chosen
- The way you elicited the positive intention of each part
- The way you followed the technique instructions (what did you say and do)
- What you saw in calibration
- Your client’s feedback
- Dilemmas and/or questions
- Your learnings

Send the report in a WORD format.

Enjoy 😊