

Medical Coaching Training Program

Module 2 – Process

Lesson 2, Class Assignment

Work with a fellow Medical Coaching student or PMC.

1. Practice the **6 Logical Levels of Change** technique with a partner from the group. In your report, address the following:
 - The topic
 - The way you associated your client in each level
 - Three examples of things you noticed in calibration – at least one that led you to understand that you could move on to the next level.
(calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
 - If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
 - Your client's feedback
 - Dilemmas and questions
 - Your learnings

2. Practice the **LIKE to DISLIKE** technique with a partner from the group. In your report, address the following:
 - What was liked and what was disliked (or liked less)
 - A short summary of each step
 - Submodalities of column A and B
 - The polarity you saw
 - How you interacted the submodalities of column B into the Picture of column A
 - Three examples of things you noticed in calibration
(calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)



- If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
- Your client's feedback
- Dilemmas and questions
- Your learnings

Send the reports in separate documents to your mentor in a WORD format.

Enjoy 😊

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