

Medical Coaching Training Program

Module 2 – Process

Lesson 2, Class Assignment

Work with a fellow Medical Coaching student or PMC.

1. Practice the **6 Logical Levels of Change** technique with a partner from the group. In your report, address the following:
 - The topic
 - The way you associated your client in each level
 - Three examples of things you noticed in calibration (calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
 - If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
 - Your client's feedback
 - Dilemmas and questions
 - Your learnings

2. Practice the **LIKE to DISLIKE** technique with a partner from the group. In your report, address the following:
 - Submodalities of column A and B
 - The polarity you saw
 - How you interacted the submodalities of column B into the Picture of column A
 - Three examples of things you noticed in calibration (calibration refers to what you saw and heard in the client's body language, facial expressions, and tone of voice, without interpretation)
 - If you were to give the client a "homework" assignment that would help the client "deepen the learning and forward the action", what would it be and why?
 - Your client's feedback
 - Dilemmas and questions

Training

Consulting

Professional Development



- Your learnings

Please send the report to your mentor in a WORD format.

Enjoy 😊

Training Consulting Professional Development

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