

Medical Coaching Training Program

Module 2 – Process

Lesson 1, DEMO Case Study

Client X –

Divorced woman, 37 years old.

The client was diagnosed with ovarian cancer 3 years ago. She has had surgery and three sets of chemo (each with a duration of 6 months). She has been in remission twice. She had a PET scan ago and will get her results next week. She feels that the chemo is poisoning her body, and she is thinking about stopping her chemo treatment and looking for alternative ways to heal herself.

She is feeling overwhelmed by all the medical information. She wants to be able to consider all the options she has, make a decision about her treatment and be at peace that decision going forward.

She wants help to create the right attitude towards her illness. She believes that God is using the illness to get her back on the path to him and so she needs to continually remind herself about this and listen for the calling and find the meaning in her suffering so that she can find her way to God. She believes the way to God is through reaching out to others, and therefore she wants the sessions to help her get into action and reach out and be of service to others, as an ongoing commitment and way of living going forward.

In addition, the client feels she has suffered in silence for a long time with her illness and wants to be more authentic with her loved ones (her parents and her son and her daughter) so that she can be honest with them about her decision regarding her treatment and how she wants to live going forward